BASICS SCOTLAND

British Association for Immediate Care





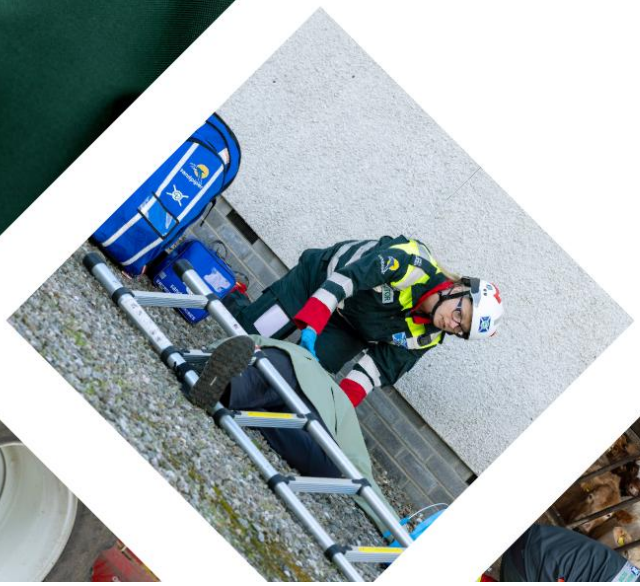


PRE-HOSPITAL EMERGENCY CARE COURSE (PHEC)

COURSE PROGRAMME
LOCATION
DATE











Welcome to the BASICS Scotland Pre-Hospital Emergency Care Course (PHEC)

We are delighted to have you join us for this weekend training programme and we hope you find it both engaging and rewarding.

Programme of Events

This course has been carefully structured to provide 21 hours of face-to-face learning, supported by 5 hours of pre-course online learning. Please take a moment to review the programme and familiarise yourself with the layout of the rooms being used.

Mentorship and Feedback

Throughout the course, you will meet with your mentor as part of your group. These sessions are designed to allow open discussions about the course, provide opportunities to give and receive feedback and help you make the most of your learning experience.

Pre-Course Learning

All knowledge transfer for the course takes place within this pre-course work. This approach allows the face-to-face component to focus entirely on practical, hands-on, experiential learning. It is therefore essential that you complete all pre-course material in full before attending the face-to-face sessions. The content included in the pre-course work will not be repeated during the course itself.

Failure to complete the pre-course learning will significantly reduce your experience and learning during the face-to-face course. Completion is monitored and if the pre-course work is not completed prior to attending the course, you will only be issued with an observer certificate rather than a full course completion certificate.

We do run facilitated discussions during the course to support your learning. Please bring any questions or areas of interest and the Course Director will be happy to explore these further during the facilitated discussions.

- Patient Assessment
- Medical Emergencies
- Cardiac Arrest Management
- Trauma Emergencies

Expected Competencies

Prior to starting the course, you should be familiar with:

- Basic life support, including CPR and AED use, in line with 2025 Guidelines.

Thank you for joining us on this journey to enhance your skills in pre-hospital emergency care. We hope you enjoy the course and find it valuable for your professional practice.

If you have any questions or need assistance, please don’t hesitate to ask.

Let’s make this a productive and enjoyable weekend of learning!

Faculty

NAME	JOB TITLE

Course Facilitator

	Blue Group Mentors –	
	Name	**Job Title**
1		
2		
3		
4		
5		
6		

	Red Group Mentors –	
	Name	**Job Title**
7		
8		
9		
10		
11		
12		

	Green Group Mentors –	
	Name	**Job Title**
13		
14		
15		
16		
17		
18		

	Purple Group Mentors –	
	Name	**Job Title**
19		
20		
21		
22		
23		
24		

Friday

12:00 – 12:30	Faculty: Working lunch			
12:00 – 12:30	Registration, buffet lunch, tea and coffee			
12:30 – 13:00	**Plenary:** Setting the scene for the pre-hospital emergency care provider			
13:00 – 13:40	**Mentor group** - Sandpiper Bag & Corpuls familiarisation			
	Faculty Names Room Red Group	Faculty Names Room Green Group	Faculty Names Room Blue Group	Faculty Names Room Purple Group
13:40 – 14:20	**Facilitated Discussion:** Structured Approach to Cardiac Arrest Management			
14:20 – 15:10	**Skills Teaching –** Airway Management (Basic Airway, I-Gels, Ventilation, Capnography)			
	Faculty Names Room Red Group	Faculty Names Room Green Group	Faculty Names Room Blue Group	Faculty Names Room Purple Group
15:10 – 15:30	Refreshment break			
15:30 – 16:10	**Skills Teaching –** IO Access			
	Faculty Names Room Red Group	Faculty Names Room Green Group	Faculty Names Room Blue Group	Faculty Names Room Purple Group
16:10 – 16:40	**Mentor Groups – recap of learning and scenario run through**			
ALS / Medical Scenarios	**ALS / Medical Teaching Scenarios** - unmarked scenarios / scenario practice			
	Scenario 1 Faculty Names Room	**Scenario 2** Faculty Names Room	**Scenario 1** Faculty Names Room	**Scenario 2** Faculty Names Room
16:40 – 17:10	Red Group	Green Group	Blue Group	Purple Group
17:10 – 17:40	Green Group	Red Group	Purple Group	Blue Group
17:40 – 17:50	**Mentor Groups -** An opportunity to discuss and clarify learning, ask questions and identify any further learning needs with your mentor			
17:50 – 18:15	**Faculty:** Day 1 review meeting + Day 2 planning meeting			

Saturday

08:00 – 08:30	Faculty Meeting			
08:30 – 09:00	**Mentor groups –** skills / scenarios practice & run through of BIGCAT assessments			
ALS / Medical Scenarios	**Scenario 3** Faculty Names Room	**Scenario 4** Faculty Names Room	**Scenario 5** Faculty Names Room	**Scenario6** Faculty Names Room
09:00 – 09:30	Red Group	Green Group	Blue Group	Purple Group
09:30 – 10:00	Purple Group	Red Group	Green Group	Blue Group
10:00 – 10:30	Blue Group	Purple Group	Red Group	Green Group
10:30 – 10:50	Refreshment break			
10:50 – 11:20	Green Group	Blue Group	Purple Group	Red Group
ALS / Medical Scenarios	**Scenario 7** Faculty Names Room	**Scenario 7** Faculty Names Room	**Scenario 8** Faculty Names Room	**Scenario8** Faculty Names Room
11:20 – 11:50	Red Group	Green Group	Blue Group	Purple Group
11:50 – 12:20	Blue Group	Purple Group	Red Group	Green Group
12:20 – 13.00	Lunch			
13:00 – 13:20	**Demonstration:** Extrication from a motor vehicle			
13:20 – 13:55	**Facilitated Discussion:** Structured Approach to a Seriously Injured Person			
Skills Stations	**Haemorrhage control** - tourniquet, wound packing, pelvic binder, traction Faculty Names Room	 Faculty Names Room	**Chest assessment** and management, helmet removal Faculty Names Room	 Faculty Names Room
13:55 – 14:55	Red Group	Green Group	Blue Group	Purple Group
14:55 – 15:55	Blue Group	Purple Group	Red Group	Green Group
15:55 – 16:15	Refreshment break			
16:15 – 16:55	**Demonstration:** Traumatic Cardiac Arrest (TCA)			
16.30 – 16.55	**Facilitated Discussion:** Traumatic Cardiac Arrest (TCA)			
16:55 – 17:25	**Mentor Groups -** An opportunity to discuss and clarify learning, ask questions and identify any further learning needs with your mentor			
17:25 – 18:00	**Faculty:** Day 2 review meeting + Day 3 planning meeting			

Sunday

08.00 – 08.30	Faculty Meeting			
08:30 – 09:00	**Mentor groups –** skills / scenarios practice & run through of BIGCAT assessments			
	Trauma Teaching Scenarios - unmarked scenarios / scenario practice			
Trauma Scenarios	**Scenario 1** Faculty Names Room	**Scenario 1** Faculty Names Room	**Scenario 2** Faculty Names Room	**Scenario 2** Faculty Names Room
09:00 – 09:30	Red Group	Green Group	Blue Group	Purple Group
09:30 – 10.00	Blue Group	Purple Group	Red Group	Green Group
10:00 – 10:20	Refreshment break			
10:20 – 10:30	**Prepare for outside scenarios**			
Trauma Scenarios	**Scenario 3** Faculty Names Room	**Scenario 4** Faculty Names Room	**Scenario 5** Faculty Names Room	**Scenario 6** Faculty Names Room
10:30 – 11:00	Red Group	Green Group	Blue Group	Purple Group
11:00 – 11:30	Purple Group	Red Group	Green Group	Blue Group
11:30 – 12:00	Blue Group	Purple Group	Red Group	Green Group
12:00 – 12:30	Green Group	Blue Group	Purple Group	Red Group
12:30 – 13:15	Lunch			
Trauma Scenarios	**Scenario 7** Faculty Names Room	**Scenario 7** Faculty Names Room	**Scenario8** Faculty Names Room	**Scenario 8** Faculty Names Room
13:15 – 13:45	Red Group	Green Group	Blue Group	Purple Group
13:45 – 14:15	Blue Group	Purple Group	Red Group	Green Group
14:15 – 14:45	**Mentor groups -** An opportunity to discuss and clarify learning, ask questions and identify any further learning needs with your mentor			
14:45 – 15:15	**MCQ**			
15:15 – 15:30	**Course roundup & closure**			
15:30 – 16:00	**Faculty Meeting**			