

PRE-HOSPITAL EMERGENCY CARE COURSE (PHEC)

COURSE PROGRAMME

Location

Date

Welcome to the BASICS Scotland Pre-Hospital Emergency Care Course (PHEC)

We are delighted to have you join us for this weekend training programme and we hope you find it both engaging and rewarding.

Programme of Events

This course has been carefully structured to provide 21 hours of face-to-face learning, supported by 5 hours of pre-course online learning. Please take a moment to review the programme and familiarise yourself with the layout of the rooms being used.

Mentorship and Feedback

Throughout the course, you will meet with your mentor as part of your group. These sessions are designed to allow open discussions about the course, provide opportunities to give and receive feedback and help you make the most of your learning experience.

Pre-Course Learning

All knowledge transfer for the course takes place within this pre-course work. This approach allows the face-to-face component to focus entirely on practical, hands-on, experiential learning. It is therefore essential that you complete all pre-course material in full before attending the face-to-face sessions. The content included in the pre-course work will not be repeated during the course itself.

Failure to complete the pre-course learning will significantly reduce your experience and learning during the face-to-face course. Completion is monitored and if the pre-course work is not completed prior to attending the course, you will only be issued with an observer certificate rather than a full course completion certificate.

We do run facilitated discussions during the course to support your learning. Please bring any questions or areas of interest and the Course Director will be happy to explore these further during the facilitated discussions.

- Patient Assessment
- Medical Emergencies
- Cardiac Arrest Management
- Trauma Emergencies
- Ten Second Triage Tool

Expected Competencies

Prior to starting the course, you should be familiar with:

- Basic life support, including CPR and AED use, in line with 2025 Guidelines.

Thank you for joining us on this journey to enhance your skills in pre-hospital emergency care. We hope you enjoy the course and find it valuable for your professional practice.

If you have any questions or need assistance, please don't hesitate to ask.

Let's make this a productive and enjoyable weekend of learning!

Faculty

NAME	JOB TITLE

Course Facilitator

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Blue Group Mentors –		
	Name	Job Title
1		
2		
3		
4		
5		
6		

Red Group Mentors –		
	Name	Job Title
7		
8		
9		
10		
11		
12		

Green Group Mentors –		
	Name	Job Title
13		
14		
15		
16		
17		
18		

Purple Group Mentors –		
	Name	Job Title
19		
20		
21		
22		
23		
24		

Friday

12:00 – 12:30	Faculty: Working lunch			
12:00 – 12:30	Registration, buffet lunch, tea and coffee			
12:30 – 13:00	Plenary: Setting the scene for the pre-hospital emergency care provider			
13:00 – 13:40	Mentor groups - Sandpiper Bag & Corpuls familiarisation			
13:40 – 14:10	Facilitated Discussion: Cardiac management			
	Skills Teaching – Airway Management (Basic Airway, I-Gels, Ventilation, Capnography)			
14:10 – 15:10	Red Group	Green Group	Blue Group	Purple Group
15:10 – 15:30	Refreshment break			
	Skills Teaching – IO Access			
15:30 – 16:00	Red Group	Green Group	Blue Group	Purple Group
ALS / Medical Scenarios	ALS / Medical Teaching Scenarios - unmarked scenarios / scenario practice			
	Scenario 1	Scenario 2	Scenario 1	Scenario 2
16:00 – 16:30	Red Group	Green Group	Blue Group	Purple Group
16:30 – 17:00	Green Group	Red Group	Purple Group	Blue Group
17:00 – 17:30	Mentor Groups - An opportunity to discuss and clarify learning, ask questions and identify any further learning needs with your mentor			
17:30 – 18:00	Faculty: Day 1 review meeting + Day 2 planning meeting			

Saturday

08:00 – 08:30	Faculty Meeting			
08:30 – 09:00	Mentor groups – skills / scenarios practice & run through of BIGCAT assessments			
ALS / Medical Scenarios	Scenario 3	Scenario 4	Scenario 5	Scenario6
09:00 – 09:30	Red Group	Green Group	Blue Group	Purple Group
09:30 – 10:00	Purple Group	Red Group	Green Group	Blue Group
10:00 – 10:30	Blue Group	Purple Group	Red Group	Green Group
10:30 – 10:50	Refreshment break			
10:50 – 11:20	Green Group	Blue Group	Purple Group	Red Group
ALS / Medical Scenarios	Scenario 7	Scenario 7	Scenario 8	Scenario8
11:20 – 11:50	Red Group	Green Group	Blue Group	Purple Group
11:50 – 12:20	Blue Group	Purple Group	Red Group	Green Group
12:20 – 13:00	Lunch			
13:00 – 13:55	Demonstration: Extrication from a motor vehicle & facilitated discussion			
Skills Stations	Haemorrhage control - tourniquet, wound packing, pelvic binder, traction		Chest assessment and management, helmet removal	
13:55 – 14:55	Red Group	Green Group	Blue Group	Purple Group
14:55 – 15:55	Blue Group	Purple Group	Red Group	Green Group
15:55 – 16:15	Refreshment break			
16:15 – 16:55	Demonstration - Traumatic Cardiac Arrest (TCA) & facilitated discussion			
16:55 – 17:25	Facilitated Discussion - Ten Second Triage Tool			
17:25 – 17:45	Mentor Groups - An opportunity to discuss and clarify learning, ask questions and identify any further learning needs with your mentor			
17:45 – 18:15	Faculty: Day 2 review meeting + Day 3 planning meeting			

Sunday

08.00 – 08.30 Faculty Meeting

08:30 – 09:00 **Mentor groups** – skills / scenarios practice & run through of BIGCAT assessments

Trauma Teaching Scenarios - unmarked scenarios / scenario practice

Trauma Scenarios

Scenario 1

Scenario 1

Scenario 2

Scenario 2

09:00 – 09:40

Red Group

Green Group

Blue Group

Purple Group

09:40 – 10.20

Blue Group

Purple Group

Red Group

Green Group

10:20 – 10:35 **Refreshment break**

Trauma Scenarios

Scenario 3

Scenario 4

Scenario 5

Scenario 6

10:35 – 11:15

Red Group

Green Group

Blue Group

Purple Group

11:15 – 11:55

Purple Group

Red Group

Green Group

Blue Group

11:55 – 12:35

Blue Group

Purple Group

Red Group

Green Group

12:35 – 13:15

Green Group

Blue Group

Purple Group

Red Group

13:15 – 13:45 Lunch

Trauma Scenarios

Scenario 7

Scenario 7

Scenario 8

Scenario 8

13:45 – 14:25

Red Group

Green Group

Blue Group

Purple Group

14:25 – 15:15

Blue Group

Purple Group

Red Group

Green Group

15:15 – 16:35 **Mentor groups** - An opportunity to discuss and clarify learning, ask questions and identify any further learning needs with your mentor

16:25 – 17:05 **MCQ**

17:05 – 17:15 **Course roundup & closure**

17:15 – 17:45 **Faculty Meeting**